

# 25

## 25 Things to Love About ADD

by Bob Seay

1. Insomnia makes for more time to stay up and surf the net!
2. The drive of **HYPERFOCUS**.
3. Resiliency.
4. A sparkling **PERSONALITY**.
5. Generosity with money, time, and resources.
6. **INGENUITY**.
7. A strong sense of what is **FAIR**.
8. Willingness to take a **RISK**.
9. Making far-reaching analogies that no one else understands.
10. **SPONTANEITY**.
11. Possessing the mind of a Pentium—with only 2 MBs of RAM.
12. Pleasant and constant surprises due to finding clothing (or money or spouses) you had forgotten about.
13. Being **FUNNY**.
14. Being the last of the **ROMANTICS**.
15. Being a good conversationalist.
16. An innately better understanding of intuitive technologies, such as computers or PDAs.
17. Honestly believing that **ANYTHING IS POSSIBLE**.
18. Rarely being satisfied with the status quo.
19. Compassion.
20. Persistence.
21. Joining the ranks of artists, musicians, entrepreneurs, and other creative types.
22. Always being there to provide a different **PERSPECTIVE**.
23. Willingness to fight for what you believe in.
24. Excellence in **MOTIVATING OTHERS**.
25. Being highly organized, punctual, and generally responsible (OK, so I lied!).